



Questions to Ask Your Dentist:

- Are you a member of the Eco-Dentistry Association?
- Do you offer digital x-rays that have 75-90% less radiation?
- Are you a paperless office or do you use paper billing and paper patient charting?
(A paperless dental office can save over 50,000 sheets of paper a year!)
- Do you use disposable or reusable cloth patient bibs?
- Do you use disposable paper cups, paper lab coats, or plastic chair barriers? Have you considered switching to reusable cups or mugs and washable cloth lab coats and chair barriers?
- How do you dispose of mercury-containing silver fillings? Do you have an amalgam separator installed to protect our water supply?
- Do you have a recycling program in your office?
- Do you use steam sterilization methods instead of chemical sterilization?

The Eco-Dentistry Association
2930 Domingo Avenue, Suite 113
Berkeley, CA 94705
www.ecodentistry.org